

NATURE DEFICIT IN CHILDREN

[Nature Deficit Disorder](#) in children and young people is real. Growing up in an increasingly technological, digitalized and urbanized world has reduced regular and unconstrained engagement in nature during childhood. Learning to learn by observing nature, retaining those memories, to develop and apply intrinsic curiosity, to wonder why and be motivated to seek answers, to spend time in quiet contemplation, to use imagination inspired by beautiful natural surroundings or the extremes of storm and tempest all connect children to the physical world, the natural environment around them. Regular time spent with and in nature nourishes childhood.

Teachers please view the **2:00 minute YouTube Video** by Richard Louvre, author of “Last Child in the Woods.”

Control Click on the link below

[The Nature Principal](#)



Maroochy Bushland Botanic Gardens

Photo: Clare Cox